

George P. Chrousos MD, ScD, MACE, MACP, FRCP, ΣΞ (Sigma Xi)

Professor George Chrousos was born in Patras, Greece, in 1951. He completed his MD studies at the National and Kapodistrian University of Athens (NKUA) as the valedictorian of his class in 1975. He obtained his Medical Sciences Doctorate from NKUA, and did his residency in Medicine, NKUA, and Pediatrics, New York University, and his fellowship in Endocrinology, Metabolism and Diabetes at the National Institute of Child Health and Human Development (NICHD), National Institutes of Health (NIH), Bethesda, MD. He was Chief of the Pediatric and Reproductive Endocrinology Branch, NICHD, NIH, and subsequently Chairman, First Department of Pediatrics, NKUA, Athens, Greece, until 2018. Currently, he is Professor of Pediatrics and Endocrinology Emeritus, Holder, UNESCO Chair on Adolescent Health Care, Director of the University Research Institute on Maternal and Child Health and Precision Medicine at the NKUA, and President of the Hellenic Pasteur Institute. He is a Distinguished Visiting Investigator of NICHD, NIH, and a Clinical Professor of Pediatrics, Physiology and Biophysics at Georgetown University, Washington DC, USA.

Professor Chrousos pioneered studies that elucidated the effects of stress on the organism at the behavioral, neuroendocrine, cellular and molecular levels and made fundamental contributions to the understanding, diagnosis and treatment of pituitary, adrenal and stress-related complex pathologies, i.e., major depression, obesity/metabolic syndrome, and autoimmune/inflammatory, reproductive and sleep disorders. He made seminal observations in the glucocorticoid signaling system of the cell and deciphered some of its key clinical implications. He also performed fundamental research on human development, especially of the years of puberty and adolescence.

Professor Chrousos's work has been cited over 219,000 times (H-index >220). He is among the top 100 cited authors (Google Scholar), a **highly cited** physician-scientist (ISI) in both **Clinical Medicine** and **Biology and Biochemistry** and the most cited pediatrician or endocrinologist internationally. He has received numerous major awards, including the **Fred Conrad Koch Award**, the highest honor of the US Endocrine Society, and the Bodossaki Aristeion Prize of the Bodossaki Foundation. In 2023, he received the **Transatlantic Alliance Award** of both the US Endocrine Society and the European Society of Endocrinology for major research contributions to Endocrinology in both continents and the **Andrea Prader Prize** of the European Society of Pediatric Endocrinology. He is a *Doctor Honoris Causa* of the Universities of Liege, Belgium, Universita Politecnica delle Marche, Ancona, Italy, and University of Patras, and the Agricultural University of Athens, Greece, and an honorary professor at the Universities of Warwick, UK, St. Petersburg State Pediatric Medical University, Russia, Xi'an Medical University, China, and Democritean University of Thrace, Greece. He served as Board Member and President of the **International Society of Neuroimmunomodulation**, the **European Society of Clinical Investigation** and the **European Society of Pediatric Endocrinology**. He is an elected member of the **American Society for Clinical Research**, the **Association of American Physicians**, the **Academy of Athens**, the European Academy of Sciences, Arts, and Letters **Academia Europaea** and the **US National Academy of Medicine**.