

DR. PETER BABLIS

PhD, BSc, Grad DC, DAcu, GradDip SportsSc,
ND, Dip MedHerb, Dip Hom, Dip Irid,
GradDip ClinNutr, FAICE 2023, FASLM, ICCSP
Integrative Clinician

Double Bay, NSW Australia 2028 | +61404888870 | pb@universalhealth.com.au

Professional Summary

As the founder and driving force behind – 'Universal Health' whose aim and philosophy is to provide Integrative Medicine of excellence in holistic health care, I have endeavoured throughout my career to further the collective understanding and subsequent practice of Mind-Body Medicine. I am a past Director and the Research Chair of the non-profit research foundation investigating Mind Body medicine – www.onefoundation.org, and in 2008 was appointed Adjunct Senior Lecturer at Notre Dame University Medical School, Sydney. I have also been the President of the Acupuncture Association of Australia.

My research interests include the application of Neuro-Emotional Techniques (NET) to those with different physical and psychological problems, such as neck and low back pain, anxiety, depression and also in woman's health. I have been awarded Doctor of The Year and Doctor of The Decade in 2003 & 2008 respectively by the One Research Foundation, USA. Since 2008 I have also been a Consultant and an Appointed Visiting Allied Health Officer for the South – Pacific Private Hospital in Sydney, Australia.

Since 2018 to 2022, I have been a Consultant Integrative Health & Wellness Officer for Genesis Care, an international oncology and cardiovascular research and healthcare provider, and have also served as a consultant for their Cancer Survivor Mentor Support Group since 2019. Previous appointments as an official Team Chiropractor – Sports Trainer include: – U16's & U18's girls Australian Soccer teams, National Soccer League teams, AFL teams, an Olympic Cyclist, and Australian Professional Golfers and Surfers.

In 2014 I completed a PhD exploring elements of Mind-Body Medicine and that emotions are associated with chronic low back pain; At the time this was my fifteenth peer-reviewed publication. I have ongoing publications in evidence-based peer-reviewed research, and I continue with auxiliary studies. Additionally, I facilitated the raising of over \$1 million dollars for research. In a career that has spanned over 35 years I continue with renewed excitement and discipline.

Work History

Integrative Clinician – Principal Self Employed 1989 to Current

- Double Bay NSW 2028 Australia T (02) 9302 2888 F (02) 9327 8788

Researcher 2004 to Current

- ResearchGate URL: - <https://www.researchgate.net/profile/Peter-Bablis/research>
- ORCID NO: - <https://orcid.org/my-orcid?orcid=0000-0002-1574-7153>

EDUCATION

Mind Body Medicine Advanced Practice Certificate	2021
Thomas Jefferson University - USA	
Postgraduate Diploma in Sports Medicine ICCSP Program	2018
Federation Internationale de Chiropratique du Sport	
Doctor of Philosophy	2015
Dept Of Chiropractic – Macquarie University	
Diploma of Naturopathy	2001
Southern Cross Herbal School	
Diploma of Iridology	2001
Southern Cross Herbal School	
Diploma of Medical Herbalism	2001
Southern Cross Herbal School	
Postgraduate Diploma of Clinical Nutrition	2000
International Academy of Nutrition	
Diploma of Homeopathy	1999
Southern Cross Herbal School	
Diploma of Acupuncture	1997
International College of Acupuncture - Sri Lanka	
Graduate Diploma of Exercise & Sport Science	1993
Cumberland College of Health Sciences, Sydney University	
Diploma of Acupuncture	1991
Acupuncture Association of Australia	
Graduate Diploma in Chiropractic	1990
Sydney College of Chiropractic	
Bachelor of Science: Anatomy, Physiology & Pharmacology (Triple Major).	1988
University Of NSW	

Committees

Research Committees

- 2001 to 2011 – Director, One Research Foundation
- 2002 to 2011 – Research Chair, One Research Foundation
- Vice-President of the Acupuncture Association of Australia – 1995-1996
- Scientific and Organising Committees: for the Third International Congress on Complementary Medicine Research (ICCMR) – now known as the International Society for Traditional, Complimentary and Integrative Medicine Research – March 29-31, 2008
- Organising Committee: for the Australasian Academy of Anti-Ageing Medicine (AAM) – September 5-6, 2008 - October 2-4, 2009
- Research Chair: One Research Foundation Research Committee USA – non-profit organization –2001-2011
- President of the Acupuncture Association of Australia – 2008 – 2013

Awards

- Fellow – Australasian Society Of Lifestyle Medicine (ASLM) – Sydney Australia. Awarded 2023
- Fellow – Australasian Institute of Chiropractic Education (AICE) – Sydney Australia. Awarded 2023
- Doctor of The Decade – Neuro Emotional Technique – San Diego, USA. One Research Foundation, USA. Awarded 2008