
 vs.vasileiou@gmail.com  @vasiliou_vs	<p style="text-align: right;"><i>Clinical Psychologist,</i> Postdoctoral Mixed Methods Research Associate, Nuffield Department of Orthopaedics, Rheumatology and Musculoskeletal Sciences, Botnar Research centre, Oxford University, UK</p>
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I am a Clinical Psychologist and Researcher with a specialization in Health Psychology and Behavioural Medicine. My research focuses on developing digitally delivered behavioral change interventions for patients with chronic physical illnesses (e.g., chronic pain) and young adults with behavioral vulnerabilities (e.g., drug use). I completed a bachelor's degree in psychology at the University of Crete, Greece, and then continued with a master's degree at Swansea University, Wales, UK, and a Ph.D. in Clinical Psychology at the University of Cyprus. I also hold a Post-graduate Certificate (Pg. Cert.) in Teaching and Learning in Higher Education (CKBO2, NFQ Level 9) from the University College Cork (UCC), Ireland.

During my clinical training I was trained in the newest Contextual Cognitive-Behavioral interventions (e.g., Acceptance and Commitment Therapy, Mindfulness, etc) from the ACTHealthy: Clinical Psychology & Behavioral Medicine Laboratory, Department of Psychology, University of Cyprus. Further, I completed part of my clinical training in behavioral change programs for targeted populations (individuals with chronic pain) in Cleveland Clinic Foundation, Neurological Institute, Center for International Medical Education, and in McLean Hospital (adolescents with anxiety problems), Harvard Medical School, Massachusetts, US.

For two and a ½ years, I have been working as a postdoctoral researcher and part-time Lecturer at the School of Applied Psychology, University College Cork (UCC), Ireland, leading the development of a digitally delivered contextual behavior change program for young adults with drug use problems.

My research focuses on Behavioral Medicine (e.g., training of young health care professionals in targeted soft-skills) and in developing behavioral change interventions for targeted population with chronic illnesses (e.g., chronic pain), and adolescents/ young adults at risk (e.g., substance abuse) or chronic illnesses (e.g., cancer, pediatric pain).

In my research, I examine how evidence-based therapeutic processes (e.g., process-based CBT) could promote targeted behavioral changes, effectively, in non-traditional therapeutic settings (e.g., out of the therapy room) and through digital, personalized, modularized interventions.

I employ mixed-method research plans (triangulating quantitative and qualitative data), participatory-design plans (e.g., interventions developed from public and patients involvement groups- PPI), and through multilevel models where data is captured, personally and at the context of individuals lives (e.g., N-of-1 and Ecological Momentary assessment) to understand clinical and environmental phenomena. I also undertake analyses from behavioural integrated theoretical frameworks, such as the Behavioral Change Wheel Model and the Theoretical Domain Framework (TDF), to understand implementation questions in clinical settings.

My research has been so far published in the top 10% of highly reputable scientific journals (source SciVal, Scopus, June 2020), such as the Journal of Pain, Psychology & Health. Finally, I have developed more than 7 clinical protocols for health care professionals and I have secured more than 70.000€ (grants, n=9) in research projects, and more than >17.000 € in research collaboration and training. I am currently serving as president-elect of the local Greece & Cyprus Association for Contextual & Behavioral Science local chapter (ACBS).

You can see my research and relevant work published in one of the following depositories:

 ResearchGate

- Research Gate: <https://www.researchgate.net/profile/Vasilis-Vasiliou>



- Orcid: <https://orcid.org/0000-0003-3501-4093>



- Google scholar profile: <https://scholar.google.com/citations?user=CbwabTgAAAAJ&hl=en>

