

## **Nicolas C. Nicolaides**

Dr. Nicolas C. Nicolaides graduated from the Medical School of the University of Patras, Greece, as the valedictorian of his class. He came to Biomedical Research Foundation of the Academy of Athens highly recommended by his teachers and first undertook his PhD studies in the basic sciences. During the five years of his doctorate studies, Dr. Nicolaides designed and performed a broad spectrum of molecular biology studies and many smart experiments. In his thesis, he investigated the molecular mechanisms of nongenomic glucocorticoid actions and showed that the human glucocorticoid receptor (hGR) does not undergo S-palmitoylation, despite presence of a typical motif, a post-translational modification that anchors many proteins to the plasma membrane. In parallel, he performed the functional characterization of some hGR gene mutations causing Primary Generalized Glucocorticoid Resistance or Chrousos Syndrome. Dr. Nicolaides subsequently worked as a Postdoctoral Fellow at the Division of Endocrinology, Metabolism and Diabetes in the Center of Clinical, Experimental Surgery and Translational Research, at the Biomedical Research Foundation of the Academy of Athens, for one year. Dr. Nicolaides completed successfully his Pediatric Residency and, since September 2019, he has been training as a Pediatric Endocrinology Fellow at the 'Aghia Sophia' Children's Hospital, 1st Department of Pediatrics, National and Kapodistrian University of Athens. His research work has been awarded ESPE travel grants, and 1st prizes from the Hellenic Endocrine Society for basic research in Endocrinology. He has been recently awarded the European Society for Paediatric Endocrinology (ESPE) Young Investigator Award 2020.