

Efthymiou Vasiliki

Statistician

Personal Information

Residence:	Athens, Greece
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Επαγγελματική Εμπειρία

- **Στατιστικός** (2014 – Σήμερα)
 - As freelancer
 - Center for Adolescent Medicine and UNESCO Chair in Adolescent Medicine and Health Care (NKUA)
 - University Research Institute of Maternal and Child Health and Precision Medicine
- **Statistician** (2013 – 2014)
"Program for health promotion, prevention and screening for characteristics of metabolic syndrome in adolescents attending high schools in three municipalities (Palaio Faliro, Aghios Dimitrios, Alimos) in the Attica region in Greece, with the use of portable telemedicine", ("NSRF" & Municipalities)
- **Head of Quantitative Analysis** (2009 – 2012)
Public Entity
- **Coordinator & Researcher [Scientific Research in KAPI "Centers for Elderly People"]** (11/2011 - 4/2012)
Regional Sector of South Athens
- **European Citizens' Consultations** (12/2008 - 3/2009)
Institute of Statistical Documentation, Analysis & Research
- **Practical Training** (03 - 09/2008)
RASS "Social and Political Research"

Education

- **BSc Degree "Statistics"** (2003-2008)
Athens University of Economics and Business Administration (AUEB), *Degree: 7,02*
- **Postgraduate Degree, MA** (2010-2012)
"Political Science and Sociology", National Kapodistrian University of Athens, *Degree: 8,08*
Diploma Thesis: "The Electoral Geography of Greece 2007-2012", Supervisor: E. Nikolakopoulos
- **Erasmus** (2006)
University of Lund-Sweden

IT Skills

Degree: Certificate of Athens University of Economics and Business Administration for H/Y Knowledge

Software/Skills: SPSS, S-Plus (R), Minitab, Word, Excel, Powerpoint, MS Visio, Internet, Modern Accounting, Matlab, E-Views, Converso, Windows, Ubuntu, Open Office, Website Update, Format, PC expert, Review Manager

Foreign Languages

English (C2 level), **French** (B2 level), **Italian - Swedish** (Beginner Level)

Publications & Papers

1. Bacopoulou F, Landis GN, Pałasz A, Tsitsika A, Vlachakis D, Tsarouhas K, Tsitsimpikou C, Stefanaki C, Kouretas D, **Efthymiou V**. (2020) Identifying Early Abdominal Obesity Risk in Adolescents by Telemedicine: A Cross-Sectional Study in Greece. *Food Chem Toxicol*. 111532. doi: 10.1016/j.fct.2020.111532. Online ahead of print.
2. Doupis J, Festas G, Tsilivigos C, **Efthymiou V**, Kokkinos A. (2020) Smartphone-Based Technology in Diabetes Management. *Diabetes Ther*. 11(3):607-619. doi: 10.1007/s13300-020-00768-3. [Epub ahead of print]
3. Bacopoulou F, Apostolaki D, Mantzou A, Doulgeraki A, Pałasz A, Tsimaris P, Koniari E, **Efthymiou V**. (2019) Serum Spexin is Correlated with Lipoprotein(a) and Androgens in Female Adolescents. *J Clin Med*. 8(12):2103. doi: 10.3390/jcm8122103.
4. Arellano-Orden E, Bacopoulou F, Baicus C, Bonfrate L, Broadbent J, Buechler C, Carbone F, Charmandari E, Davis GR, Dullaart RPF, **Efthymiou V**, Goeser F, Goswami N, Jong GP, Lichtenauer M, Liou YS, Lutz P, Maeng M, Mert GÖ, Mert KU, Montecucco F, Ndrepepa G, Olesen KKW, Oliveira P, Pertou FG, Portincasa P, Rodriguez-Panadero F, Schernthaner C, Schutte R. (2019) Research update for articles published in EJCI in 2017: Mediterranean diet decreases adolescent waist circumference. *Eur J Clin Invest*. 49(10):e13163. doi: 10.1111/eci.13163.
5. Bacopoulou F, **Efthymiou V**, Palaiologos G, Tsarouhas K, Landis G, Fostiropoulos I, Kaklea M, Rentoumis A, Papassotiriou I. (2019) Telemedicine screening adolescent metabolic syndrome in Greek schools. *Eur J Clin Invest*. 49(4):e13075. doi: 10.1111/eci.13075. Epub 2019 Feb 18.
6. Bacopoulou F, Athanasopoulos N, **Efthymiou V**, Mantzou A, Aravantinos L, Vlahopoulos S, Deligeoroglou E. (2018) Serum irisin concentrations in lean adolescents with polycystic ovary syndrome. *Clin Endocrinol (Oxf)*. 88(4):585-591. doi: 10.1111/cen.13555.
7. Bacopoulou F, Koliass E, **Efthymiou V**, Antonopoulos CN, Charmandari E. (2017) Vitamin D predictors in polycystic ovary syndrome: A meta-analysis. *Eur J Clin Invest*. 47(10):746-755. doi: 10.1111/eci.12800. Epub 2017 Sep 7.
8. Bacopoulou F, Landis G, Rentoumis A, Tsitsika A, **Efthymiou V**. (2017) Mediterranean diet decreases adolescent waist circumference. *Eur J Clin Invest*. 47(6):447-455. doi: 10.1111/eci.12760. Epub 2017 May 15.
9. Bacopoulou F, Lambrou GI, Rodanaki ME, Stergioti E, **Efthymiou V**, Deligeoroglou E, Markantonis SL. (2017) Serum kisspeptin concentrations are negatively correlated with body mass index in adolescents with anorexia nervosa and amenorrhea. *Hormones (Athens)*. 16(1):33-41. doi: 10.14310/horm.2002.1717.
10. Fappa E, **Efthymiou V**, Landis G, Rentoumis A, Doupis J. (2016) Validation of the Greek Version of the Diabetes Management Self-Efficacy Scale (GR-DMSSES). *Adv Ther*. 33(1):82-95. doi: 10.1007/s12325-015-0278-1. Epub 2016 Jan 21.
11. Bacopoulou F, **Efthymiou V**, Landis G, Rentoumis A, Chrousos GP. (2015) Waist circumference, waist-to-hip ratio and waist-to-height ratio reference percentiles for abdominal obesity among Greek adolescents. *BMC Pediatr* 15:50. doi: 10.1186/s12887-015-0366-z.